

Seong Peck Suet, Lydia



Dr Seong Peck Suet, Lydia is a registered Public Health Specialist doctor with the Singapore Medical Council. She graduated from NUS in 1983 and obtained her Master of Science (Public Health) in 1991.

Dr Seong has worked in the Ministry of Health (MOH) for more than 10 years and was involved in policy and planning in MOH HQ. She has extensive experience in aged care and has worked in several aged care facilities. During the course of her work in MOH, she helped to set up the new Senior Citizens' Health Care Centre SCHCC which provided day rehabilitation to stroke patients and oversaw the delivery of home based nursing care to homebound patients as well as provide outpatient medical care to chronic stable patients. During the mid-1990s, Lydia facilitated the involvement of voluntary welfare organisations (VWOs) to build new nursing homes, day rehabilitation centres, and set up home medical, home nursing and home hospice services.

Lydia has also been involved in the licensing and accreditation of all health care facilities in Singapore like hospitals, clinics, nursing homes and laboratories. Her work involved setting the standards of care for special health services like Renal Dialysis, Ambulatory Surgical Centre, Tissue Banking etc.

Lydia has also worked in several VWOs that focus on care for the elderly eg Tsao Foundation (providing home medical and home nursing service, geriatric clinic, care management service, TCM clinic), and Ang Mo Kio-Thye Hua Kwan Hospital (a community hospital). She has worked in the Agency for Integrated Care and spearheaded the new development homecare in Singapore.

Lydia is one of the founding team members of Leukemia and Lymphoma Foundation LLF since 2002. In 2014, Lydia joined the Management team and became LLF's first CEO.

Lydia is concurrently Adjunct Associate Professor of Saw Swee Hock School of Public Health and Associate Faculty of UniSIM. Her teaching and training focuses on public health and ageing issues.