#### **CURRICULUM VITAE**

PERSONAL INFORMATION Name:	Siow-Ann Chong, MBBS, MMED, MD, FAMS
Office Address:	Research Division Institute of Mental Health Buangkok Green Medical Park 10 Buangkok View Singapore 539747 Email: siow_ann_chong@imh.com.sg Telephone: 65-63892000
Academic Qualifications:	<ul> <li>MBBS (Singapore), National University of Singapore</li> <li>Master of Medicine (Psychiatry), National University of Singapore</li> <li>Fellow of Academy of Medicine, Specialist Roll, Academy of Medicine, Singapore, Chapter of Psychiatrist</li> <li>Doctor of Medicine, National University of Singapore</li> </ul>
Medical Licenses:	Certificate of Full Medical Registration, 1987. Singapore Medical Council Certificate of Specialist Registration in Psychiatry, 1998
Current Appointments:	Vice Chairman Medical Board (Research), Institute of Mental Health Senior Consultant Psychiatrist, Institute of Mental Health Adjunct Professor, Lee Kong Chian School of Medicine, Nanyang Technological University Adjunct Professor, Saw Swee Hock School of Public Health
Doctor of Medicine, Thesis:	Risk Factors for Tardive Dyskinesia Among Asian Patients with Schizophrenia. National University of Singapore. 2008
Research Interest:	Psychoses, Psychiatric Epidemiology, and Health Service Research
AWARDS AND HONOURS:	

- 1999 Best Published Paper in 1999, Institute of Mental Health
- 2005 First prize Scientific Poster Competition. Inaugural Singapore Clinical Quality Forum, 7 Oct 2005
- 2006 World Health Organization State of Kuwait Prize for Research in Health Promotion
- 2006 NHG Researcher-Investigator-Scientist Enabler Award
- 2007 Senior Clinician Scientist Investigator Award (National Medical Research Council)
- 2007 National Healthcare Group Annual Scientific Congress Best Oral Paper (Medicine, Paediatrics) (Co-Investigator)
- 2008 National Clinical Excellence Team Award (Principal Investigator)
- 2008 National Healthcare Group Distinguished Achievement Award
- 2011 Galloway Memorial Lecture and Gold Medal (Academy of Medicine, Singapore)
- 2011 Long Service Award, National Council of Social Service
- 2012 Best Publication Silver Award, Annals of the Academy of Medicine, Singapore
- 2014 Best Publication Bronze Award, Annals of the Academy of Medicine, Singapore
- 2016 NHG Distinguished Senior Clinician Award
- 2016 The Public Administration Medal (Bronze) (National Day Awards)
- 2016 Long Service Award, Ministry of Health, Singapore
- 2016 Best Publication Gold Award, Annals of the Academy of Medicine Singapore

- 2017 Distinguished Psychiatrist Award (Singapore Psychiatric Association)
- 2017 The Long Service Medal (National Day Awards)

### **PROFESSIONAL ACTIVITIES AND MEMBERSHIPS:**

- Singapore Psychiatric Association
- Academy of Medicine, Singapore
- International Early Psychosis Association

### NATIONAL AND INTERNATIONAL COMMITTEES/BOARDS:

- Board Member, Singapore Millennium Foundation
- Board Member, Silver Ribbon Singapore
- Member, National Medical Research Council
- Member, Residency Advisory Committee (Psychiatry)
- Member, NHG Research Committee
- Chief Examiner for Psychiatry, MOH
- Chairman, Joint Committee on Specialist Training Exit Examination Committee on Psychiatry
- Chairman, IMH Clinical Research Committee
- Member, IMH Medical Care Committee
- Member, Neurological and Sense Disorders Taskforce, Ministry of Health
- Member, NTU Health Specialist Panel
- Member, Clinician-Scientists Development Committee
- Member, Mental Health Policy Working Group, Ministry of Health
- Member, Steering Committee for the Enabling Masterplan, Ministry of Social and Family Development
- Member, NHG Population Health Masterplan Committee for Mental Illness
- Member, Academic Board of Executive Counselling & Training Academy
- Member, Temasek Foundation Innovates
- Core Clinical Faculty member of the National Healthcare Group (NHG) Psychiatry Residency Program
- Member. Ageing Research Institute for Society and Education (ARISE) Advisory Board (NTU)
- Member, The Executive Counseling & Training Academy (ECTA)
- Member, Science for Ageing Policy Advisory Committee

## **EDITORIAL POSITIONS:**

- Associate Editor, Early Intervention in Psychiatry
- Associate Editor, Asian Journal of Psychiatry
- Editorial Board, Clinical Psychopharmacology and Neuroscience
- Editorial Board, East Asian Archives of Psychiatry

Other editorial role:

• 2013 Guest Editor (with Tamra Lasaght): "Special Issue: Mental Health Casebook". Asian Bioethics Review. 5(3).

#### Ad-hoc reviewer:

Acta Psychiatrica Scandinavica, American Journal of Medical Genetics (Neuropsychiatric Genetics) Annals of the Academy of Medicine, Archives of General Psychiatry, Archives of Medical Research, Asean Journal of Psychiatry, Biological Psychiatry, BMC Research Notes, Brain Research, CNS Drugs, Early Intervention in Psychiatry, Expert Review of Neurotherapeutics, European Psychiatry, Human Psychopharmacology: Clinical and Experimental, Journal of Child and Adolescent Psychopharmacology Journal of Clinical Psychopharmacology, Journal of Traumatic Stress, Lancet, Military Medicine, PLoS ONE, Progress in Neuro-Psychopharmacology & Biology Psychiatry, Psychiatry Research, Psychopharmacology, Psychological Medicine, Schizophrenia Research, Schizophrenia Research and Treatment, Singapore Medical Journal, Social Psychiatry and Psychiatric Epidemiology

### GRANT REVIEW AND DEVELOPMENT:

Chairman, NTU-NHG Innovation Seed Grant Review Committee, 2011-2012

Chairman, NHG Scientific Review Committee, 2012-

Co-Chairman, Scientific Review Panel, National Medical Research Council, 2009 – 2011

Member, Infrastructure Review Panel, National Medical Research Council, 2013

Chairman, Clinical Research Committee, Institute of Mental Health & Woodbridge Hospital, 2004 - present

Member, Enabling Masterplan 3 Steering Committee, Ministry of Social and Family Development, Singapore

**Ad-hoc reviewer**: National Health Group Research and Development Fund; National Medical Research Council (Ministry of Health, Singapore); Health Research Board, Ireland; Family Research Fund, Ministry of Community Development, Youth and Sports (Singapore); National Research Foundation, Singapore; National Research Foundation, South Africa

### Grant support:

- Polydipsia/hyponatremia in patients with schizophrenia (\$8,000/Dept of Clinical Research, Ministry of Health/ 1996)
- Clinical features of akathisia (\$31,100 / NMRC/ 1998)
- Tardive dyskinesia and impaired glucose tolerance in patients with schizophrenia (\$9,724/Dept of Clinical Research, Ministry of Health/ 2000)
- Genetic determinants of neuroleptic-induced adverse effects (\$53,000/ National Health Group Research Fund/ 2001)
- Correlation of the duration of untreated illness with structural brain abnormalities and cognitive impairment in patients with first-episode psychosis (\$73,860, NMRC/ 2002)
- Structural brain abnormalities and neurocognitive impairment in patients at high risk for schizophrenias (\$51,920, NMRC/ 2003)
- An epidemiological survey of psychiatric morbidity of SAF Pre-enlistees. (\$98,619, Defence Science & Technology Agency, 2004)
- Pharmacogenetics of tardive dyskinesia (\$157,855, NMRC/2004)
- Depression and diabetes mellitus: Prevalence, cost and impact on treatment. (\$125,700, National Medical Research Council/2005)
- Frontal-thalamic white matter disruptions and neurocognitive and genotyping correlates in patients with first episode schizophrenia and mania. Co-investigator (\$607,700, SBIC/2007)
- Survey of psychiatric morbidity among mentally ill inmates in the Singapore Prison Service. Coinvestigator (\$660,628, Singapore Prison Service/2007)
- Financial difficulties and unmet needs of people with mental illness. (\$340,580 Ministry of Community, Youth and Sports and Ministry of Health/2007)
- National Mental Health Evaluation Programme: The Singapore Mental Health Study (\$6,994,807. Singapore Millennium Foundation and Ministry of Health/2008)
- Translational Clinical Research Program: Vulnerability, disease progression, and treatment in schizophrenia and related psychoses (\$25,000,000, National Research Foundation/2008)
- Elucidating Potential Lipid-Based Biomakers in Schizophrenia. Co-Investigator (\$180,000, National Medical Research Council/ 2010)
- The NEURAPRO-E (North America, Europe, Australia PROdrome) study: A multicentre RCT of Omega-3 Fatty Acids & Cognitive-Behavioural Case Management for Symptomatic Patients at Ultra-High Risk for Early Progression to Schizophrenia & Other Psychotic Disorder. Co-Investigator (\$100,000, Stanley Foundation/2010)
- The Singapore Mental Health Study on the Elderly (\$4,416,365. Singapore Millennium Foundation and Ministry of Health/2008)
- Perceptions and Beliefs of the Singapore Population about Mental Illnesses: A Study of Mental Health Literacy (\$1,000,000. Ministry of Health, Health Service Research Fund/2013)
- Centre Grant (\$10,000,000, National Medical Research Council/2013)
- The Second Singapore Mental Health Study (\$4,897,028.00, Ministry of Health/2014)

- Service evaluation and assessment of components of case-management for patients with psychiatric morbidity. (\$72,225.00, AIC/Oct 2015)
- Employment of Young Persons with Mental Illness (YPMI) in Singapore: A Study on Perspectives of Key Stakeholders. (\$500,000.00, NCSS/Mar 2016)
- Managing hoarding behaviours in the community. (\$69,344.00, MND, AIC, HDB/Jun 2016)
- NMRC Centre Grant (CG) Programme Primary Healthcare Research in Multimorbidity and Health in a Multi-Ethnic Population (PRIME) CGAUG16C019) (\$885,664/2017)
- NMRC Centre Grant (CG) Programme Centre for Mental Health Research, Population, Clinical, Systems and Services Research Programme (CGAUG16M002) (\$5,000,000/2017)
- A nationwide knowledge, attitudes and practice (KAP) survey on diabetes in Singapore's general population. (\$1,313,630.00/NMRC HSRG/2017)

## PUBLICATIONS

### Peer-reviewed Journal Articles:

- 1. <u>Chong SA</u>. Schizophrenia and kleptomania: A biological link? Annals of the Academy of Medicine Singapore 1995, 24:860-862.
- 2. <u>Chong SA</u>. Derealization following head injury. Singapore Medical Journal 1995, 36:568-569.
- 3. <u>Chong SA</u>, Chua L. PTSD following compulsory admission. Hong Kong Journal of Psychiatry 1995, 5:62-64.
- 4. <u>Chong SA</u>, Wong KE. Clozapine and obsessive-compulsive symptoms in patients with schizophrenia. Hong Kong Journal of Psychiatry 1996, 6:45-47.
- 5. <u>Chong SA</u>, Choo HL. Smoking among Chinese patients with schizophrenia. Australian and New Zealand Journal of Psychiatry 1996, 30:354-353.
- 6. <u>Chong SA</u>, Low BL. Treatment of kleptomania with fluvoxamine. Acta Psychiatrica Scandinavica 1996, 93:314-315.
- 7. Wong KE, <u>Chong SA</u>, Ngui F, Winslow M, Devan GS, Leong OK, Choo C. Initial experiences with clozapine in Woodbridge Hospital. Singapore Medical Journal 1997, 38:336-338.
- 8. <u>Chong SA</u>, Tan CH, Khoo YM, Lee HS, Wong KE, Ngui F, Winslow M. Clinical evaluation and plasma clozapine concentrations in Chinese patients with schizophrenia. Therapeutic Drug Monitoring 1997, 19:219-223.
- 9. <u>Chong SA</u>, Tan LL, Wong MC, Woo SC, Tan CH, Ng LL. Disordered water homeostasis in Asian patients with schizophrenia. Australian and New Zealand Journal of Psychiatry 1997, 31:869-874.
- 10. <u>Chong SA</u>, Mahendran R, Wong KE. Use of atypical neuroleptics in a state mental hospital. Annals of the Academy of Medicine 1998, 27:547-51.
- 11. <u>Chong SA</u>, Yap HL, Low BL, Choo CH, Chan A, Wong KE, Mahendran R, Chee KT. Clinical evaluation of risperidone in Asian patients with schizophrenia in Singapore. Singapore Medical Journal 1999, 40:41-43.
- Lee HS, Tan CH, Khoo YM, Chee KT, Wong KE, <u>Chong SA</u>, Mahendran R, Yap HL, Low BL, Choo CH, Chan A. Serum concentration and clinical effects of risperidone in schizophrenic patients in Singapore – a preliminary report. British Journal of Clinical Pharmacology 1999, 47:459-461.
- 13. Remington G, <u>Chong SA</u>. Conventional versus novel antipsychotics: changing concepts and clinical implications. Journal of Neuroscience, Psychiatry 1999, 24:431-441.
- 14. <u>Chong SA</u>, Lee N, Mahendran R, Remington G. Contrasting clozapine prescribing patterns in the East and West? Annals of the Academy of Medicine 2000, 29:75-78.
- 15. Tan EC, <u>Chong SA</u>. Identification of genes for schizophrenia susceptability. Annals of the Academy of Medicine 2000, 29:305-312.
- 16. <u>Chong SA</u>, Remington G. Effects of clozapine on polypharmacy. Psychiatric Services 2000, 51:250-252.
- 17. <u>Chong SA</u>, Remington G. Clozapine augmentation: safety and efficacy. Schizophrenia Bulletin 2000, 26:421-440.
- <u>Chong SA</u>, Tan EC, Tan CH, Mahendran R, Tay AHN, Chua HC. Tardive dyskinesia is not associated with the serotonin gene polymorphism (5-HTTLPR) in Chinese. American Journal of Medical Genetics 2000, 96:712-715.
- 19. <u>Chong SA</u>, Lee WL, Tan CH, Tay AHN, Chan AOM, Tan EC. Attempted suicide and polymorphism of serotonin transporter gene in Chinese patients with schizophrenia. Psychiatry Research 2000, 97:101-106.

- 20. Chua L, <u>Chong SA</u>, Pang E, Ng VPY, Chan YH. The effect of risperidone on cognitive functioning in a sample of Asian patients with schizophrenia in Singapore. Singapore Medical Journal 2001, 42:243-246.
- 21. <u>Chong SA</u>, Mythily, Mahendran R. Cardiac effects of psychotropic drugs. Annals of the Academy of Medicine Singapore 2001, 30: 625-631.
- 22. <u>Chong SA</u>, S Verma, Lee C. Psychosis everyone's concern: The Early Psychosis Intervention Programme (EPIP) in Singapore. Singapore Family Physician Journal 2001, 27:49-52.
- 23. <u>Chong SA</u>, Sachdev P, Mahendran R, Chua HC. Neuroleptic and anticholinergic drug use in Chinese patients with schizophrenia resident in the state psychiatric hospital in Singapore. Australian and New Zealand Journal of Psychiatry 2001, 34:988-91.
- 24. <u>Chong SA</u>, Remington G, Mahendran R, Chua HC. Awareness of tardive dyskinesia in Asian patients with schizophrenia. Journal of Clinical Psychopharmacology 2001, 21(2):235-237.
- 25. Tan EC, <u>Chong SA</u>, Mahendran R, F Dong, Tan CH. Susceptibility to neuroleptic-induced tardive dyskinesia in the serotonin type 2A receptor. Biological Psychiatry 2001, 50:144-147.
- 26. <u>Chong SA</u>, Mythily. Arrhythmia and antipsychotic medications. Psychiatric Services 2001, 52: 1257-1258.
- 27. Sim K, <u>Chong SA</u>, Chan YH, Lum WM. Thyroid dysfunction in chronic schizophrenia within a state psychiatric hospital. Annals of the Academy of Medicine, Singapore 2002, 31: 641-644.
- 28. <u>Chong SA</u>, Mahendran R, Machin D, Chua HC, Parker G, Kane JM. Tardive dyskinesia among Chinese and Malay patients with schizophrenia. Journal of Clinical Psychopharmacology 2002, 22:26-30.
- 29. Tan EC, <u>Chong SA</u>, Chan AO, Tan CH. No evidence for association of the T102C polymorphism in the serotonin type 2A receptor with suicidal behavior in schizophrenia. American Journal of Medical Genetics 2002, 114:321-322.
- 30. Verma S, Mythily, <u>Chong SA</u>, Kua EH. Substance abuse in schizophrenia: a Singapore perspective. Social Psychiatry and Psychiatric Epidemiology 2002, 37:326-328.
- 31. <u>Chong SA</u>, Mythily, Lum A, Chan YH, Kane J. Tardive dyskinesia and impaired glucose tolerance. Human Psychopharmacology Clin Exp 2002, 17:305-307.
- 32. <u>Chong SA</u>, Mythily, Remington G. Clinical characteristics and associated factors in antipsychoticinduced akathisia of Asian patients with schizophrenia. Schizophrenia Research 2002, 59:67-71.
- 33. <u>Chong SA</u>, Verma SK, McGorry P. Psychosis a need for preemptive intervention? Singapore Medical Journal 2003, 44(8):426-427.
- 34. <u>Chong SA</u>, Tan EC, Tan CH, Mythily, Chan YH. Polymorphisms of dopamine receptors and tardive dyskinesia among Chinese patients with schizophrenia. American Journal of Medical Genetics (Neuropsychiatric Genetics) 2003, 116B:51-55.
- 35. Mythily, <u>Chong SA</u>, Pek E. Diabetes mellitus and impaired glucose tolerance in patients with schizophrenia. Canadian Journal of Psychiatry 2003, 48:345-347.
- 36. <u>Chong SA</u>, Tan EC, Tan CH, Mythily. Smoking and tardive dyskinesia: lack of involvement of the CYP1A2 gene. Journal of Psychiatry & Neuroscience 2003, 28:185-189.
- 37. <u>Chong SA</u>, Mythily, Lum A, Goh HY, Chan YH. Prolonged QTc intervals in medicated patients with schizophrenia. Human Psychopharmacology 2003, 18:1-3.
- 38. Tan EC, <u>Chong SA</u>, Tan CH, Teo YY, Peng Kaitian, Mahendran R. Tumor necrosis factor-α gene promoter polymorphism in chronic schizophrenia. Biological Psychiatry 2003, 54:1205-1211.
- 39. Tan EC, <u>Chong SA</u>, Tan CH. Mu opioid receptor gene polymorphism and neuroleptic-induced tardive dyskinesia in patients with schizophrenia. Schizophrenia Research 2003, 65:61-63.
- 40. <u>Chong SA</u>. In Sync: Early Psychosis Intervention in Singapore. ASEAN Journal of Psychiatry 2003, 6:86-88.
- 41. <u>Chong SA</u>. The Development of a psychiatric research programme in Singapore. ASEAN Journal of Psychiatry 2003, 6:100-101.
- 42. <u>Chong SA</u>, C Lee, L Bird, S Verma. A risk reduction approach for schizophrenia: The Early Psychosis Intervention Programme. Annals of the Academy of Medicine 2004, 33:630-635.
- 43. <u>Chong SA</u>, Mythily, Remington G. Tardive dyskinesia and iron status. Journal of Clinical Psychopharmacology 2004, 4:235-236.
- 44. <u>Chong SA</u>, Mythily, Chua HC, Lee CE. SARS or not SAR: outbreak of fever in a state mental institute in Singapore. Canadian Journal of Psychiatry 2004, 49:216-217.
- 45. Chong SA, Mythily. Medical compliance in the East. Transcultural Psychiatry 2004, 41:422-423.

- 46. Sim K, Mahendran R, Siris SG, Heckers S, <u>Chong SA</u>. Subjective quality of life in first episode schizophrenia spectrum disorders with comorbid depression. Psychiatry Research 2004, 129(29):141-147.
- 47. Verma S, Mythily S, Chan YH, Deslypere JP, Teo EK, <u>Chong SA</u>. Post-SARS psychological morbidity and stigma among general practitioners and traditional Chinese medicine practitioners in Singapore. Annals of the Academy of Medicine, Singapore 2004, 33:743-8.
- 48. Sim K, S Verma, Mythily, Mahendran R, Kua EH, McGorry P, <u>Chong SA</u>. Psychiatric comorbidity in first episode psychosis: the Early Psychosis Intervention Program (EPIP) experience. Acta Psychiatrica Scandinavica 2004, 109:323-329.
- 49. Lee T, <u>Chong SA</u>, Chan YH, GS Devan. Command hallucinations among Asian patients with schizophrenia. Canadian Journal of Psychiatry 2004, 49:838-842.
- 50. Tan EC, <u>Chong SA</u>, Chan AOM, Mahendran R, Tan CH. Genetic analysis of the thermolabile methylenetrahydrofolate reductase variant in schizophrenia and mood disorders. Psychiatric Genetics 2004, 14:227-237.
- 51. <u>Chong SA</u>, Mythily, Lum A, Chan YH, McGorry P. Determinants of duration of untreated psychosis and the pathway to care in Singapore. International Journal of Social Psychiatry 2005, 51:55-62.
- 52. Mahendran R, Mythily, <u>Chong SA</u>, Chan YH. Factors affecting rehospitalisation in psychiatric patients in Singapore. International Journal of Social Psychiatry 2005, 51:101-5.
- 53. Ng C, <u>Chong SA</u>, Lambert T, Fan A, Hackett LP, Mahendran R, Mythily Subramaniam, Schweitzer I. An interethnic comparison study of clozapine dosage, clinical response and plasma levels. International Clinical Psychopharmacology 2005, 20:163-168.
- 54. <u>Chong SA</u>, Mythily, Verma S. Spontaneous parkinsonism in antipsychotic-naïve patients with firstepisode psychosis. Canadian Journal of Psychiatry 2005, 50:215-217.
- 55. Remington G, Saha A, <u>Chong SA</u>, Shammi C. Augmentation strategies in clozapine-resistant schizophrenia. CNS Drugs 2005, 19:843-872.
- 56. <u>Chong SA</u>, S Mythily, Verma S. Reducing the duration of untreated psychosis and changing helpseeking behaviour in Singapore. Social Psychiatry Psychiatric Epidemiology 2005, 40:619-621.
- 57. Lerer B, Segman RH, Tan EC, Basile VS, Cavallaro R, Aschauer HN, <u>Chong SA</u>, Heresco-Levy U, Verga M, Scharfetter J, Meltzer HY, Kennedy JL, Macciardi F. Combined analysis of 635 patients confirms an age-related association of the serotonin 2A receptor gene with tardive dyskinesia and specificity for the non-orofacial subtype. International Journal of Neuropsychopharmacology 2005, 8(3):411-425.
- 58. Sim K, Mahendran R, <u>Chong SA</u>. Health-related quality of life and psychiatric comorbidity in first episode psychosis. Comprehensive Psychiatry 2005, 46(4):278-283.
- 59. Tan EC, <u>Chong SA</u>, Wang H, Chew-Ping Lim E, Teo YY. Gender–specific association of insertion/ deletion polymorphisms in the nogo gene and chronic schizophrenia. Brain Research Molecular Brain Research 2005, 139(2):212-6.
- 60. Addington J, Amminger P, Barbato A, Catts S, Chen E, Chhim S, <u>Chong SA</u>, Cullberg J, Edwards J, Grosso L, Louzã M, Hambrecht M, Keshavan M, Johannessen JO, Johnson DL, Lewis S, Lieberman J, MacEwan W, Malla A, May R, McGlashan TH, McGorry P, Merlo MG, Nordentoft M, Nightingale S, Perkins D, Thara R, Yamamoto K, Yung A. International clinical practice guidelines for early psychosis. British Journal of Psychiatry 2005, 187:S120-124.
- 61. <u>Chong SA</u>, Ravichandran N, Poon LY, Soo KL. Reducing polypharmacy through the introduction of a treatment algorithm: use of a treatment algorithm on the impact of polypharmacy. Annals of the Academy of Medicine, Singapore 2006, 35:457-460.
- 62. <u>Chong SA</u>, Vaingankar JA, Chan YH, Jauhar N, Kwok V, Soo SC, Verma S. Assessing the quality of care for patients with first-episode psychosis. Singapore Medical Journal 2006, 47:882-885.
- 63. Pek E, Mythily, <u>Chong SA</u>. Clinical and social correlates of duration of untreated psychosis in firstepisode psychosis. Annals of the Academy of Medicine, Singapore 2006, 35:242-6.
- Healey F, Tan VLM, <u>Chong SA</u>. Cross-cultural validation of expression emotion in caregivers of Chinese patients with first episode psychosis in Singapore: a qualitative study. International Journal of Social Psychiatry 2006, 53:199-213.
- 65. Sim K, Chua TH, Chan YH, Mahendran R, <u>Chong SA</u>. Physical comorbidity, insight, quality of life and global functioning in first episode schizophrenia: a 24 month, longitudinal outcome study. Schizophrenia Research 2006, 88:82-89.

- 66. Sim K, Chan YH, Chua TH, Mahendran R, McGorry P, <u>Chong SA</u>. Psychiatric comorbidity in first episode schizophrenia: a 2-year, longitudinal outcome study. Journal of Psychiatric Research 2006, 40(7):656-663.
- 67. Mythily, Pek E, Verma S, Chan YH, <u>Chong SA</u>. Diagnostic stability 2 years after treatment initiation in the Early Psychosis Intervention Programme in Singapore. Australian and New Zealand Journal of Psychiatry 2007, 41(6):495-500.
- 68. Subramaniam M, Ng C, <u>Chong SA</u>, Mahendran R, Lambert T, Pek E, Chan YH. Metabolic differences between Asian and Causasian patients on clozapine treatment. Human Psychopharmacology 2007, 22(4):217-222.
- 69. Tay JK, Tan CH, <u>Chong SA</u>, Tan EC. Functional polymorphisms of the cytochrome P450 1A2 (CYP1A2) gene and prolonged QTc interval in schizophrenia. Progress in Neuropsychopharmacology and Biology Psychiatry 2007, 31:1297-1302.
- 70. <u>Chong SA</u>. Early intervention and lessons from Harvard Business Review. Early Intervention in Psychiatry 2007, 1:346-350.
- 71. <u>Chong SA</u>, Verma S, Vaingankar JA, Chan YH, Wong LY, Heng BH. Perception of the public towards the mentally ill in a developed Asian Country. Social Psychiatry and Psychiatric Epidemiology 2007, 42:734-739.
- 72. <u>Chong SA</u>. Wong J, Verma S, Pek E, Chan YH, Lee IM, C Cheok. The mental health screening of conscripts for the Singapore Armed Forces: rationale, objectives and design. Military Medicine 2007, 172(12):1245-1249.
- 73. Lum A,Kwok KW, <u>Chong SA</u>. Providing integrated mental health services in the Singapore primary care setting the general practitioner psychiatric programme experience. Annals of the Academy of Medicine, Singapore 2008, 37:128-131.
- 74. <u>Chong SA</u>, Verma S, Mythily, Poon LY, McGorry PD. The Early Psychosis Intervention Programme in Singapore: A balanced scorecard approach to quality care. Journal of Mental Health 2008, 17:79-91.
- 75. Watis L, Chen SH, Chua HC, <u>Chong SA</u>, Sim K. Glutamatergic abnormalities of the thalamus in schizophrenia: a systematic review. Journal of Neural Transmission 2008, 115:1435-1465.
- 76. Sum CF, Lum SS, Liow PH, Chan YH, Verma S, Chua CH, <u>Chong SA</u>. Screening for depressive symptoms: Validation of the CES-D scale in a multi-ethnic group of patients with diabetes in Singapore. Diabetic Care 2008, 31:1118-1119.
- 77. Lee J, Poon LY, <u>Chong SA</u>. Spontaneous dyskinesia in first-episode psychosis in Southeast Asian population. Journal of Clinical Psychopharmacology 2008, 28(5):536-539.
- 78. <u>Chong SA</u>, Mythily, Yap MD, Verma S, Swartz M. Performance measures for mental health care in Singapore. Annals of the Academy of Medicine, Singapore 2008, 37(9):791-796.
- 79. <u>Chong SA</u>, Tay AM, Subramaniam M, Pek E, Machin D. Mortality rates among patients with schizophrenia and tardive dyskinesia. Journal of Clinical Psychopharmacology 2009, 29(1):5-8.
- 80. <u>Chong SA</u>. How clinician-scientists think. Annals of the Academy of Medicine, Singapore 2009, 38(3):260-264.
- 81. Lim C, Keefe R, <u>Chong SA</u>. Psychosocial factors in the neurobiology of schizophrenia. Annals of the Academy of Medicine, Singapore 2009, 38(50):402-406.
- 82. Verma S, Poon LY, Sitoh YY, Ho L, Subramaniam M, Chan YH, Sim K, <u>Chong SA</u>. Hippocampal volumes in first episode psychosis. Journal of Neuropsychiatry and Clinical Neurosciences 2009, 21(1):24-29.
- 83. Sim K, Wieslaw L, Guo L, Verma S, Keefe R, Pantelis C, Sitoh YY, S Collinson, <u>Chong SA</u>. White matter abnormalities and neurocognitive deficits associated with the passivity phenomenon in schizophrenia: a diffusion tensor imaging study. Psychiatry Research 2009, 172(2):121-127.
- 84. <u>Chong SA</u>, Mythily, Lee IM, Pek E, Cheok C, Verma S, Wong J. Academic attainment: A predictor of psychiatric disorders. Social Psychiatry and Psychiatric Epidemiology 2009, 44(11):999-1004.
- 85. <u>Chong SA</u>. Mentoring Are we doing it right? Annals of the Academy of Medicine, Singapore 2009, 38(7):643-644.
- 86. Ang A, Loke P, Campbell A, <u>Chong SA</u>. Live or let die: ethical issues in a psychiatric patient with end-stage renal failure". Annals of the Academy of Medicine, Singapore 2009, 38:370-375.
- 87. Mythily Subramaniam M, Sum CF, Pek E, Stahl D, Verma S, Liow PH, Chua HC, Abdin E, <u>Chong</u> <u>SA</u>. Comorbid depression and increased health care utilisation in individuals with diabetes. General Hospital Psychiatry 2009, 31(3):220-224.

- 88. <u>Chong SA</u>, Mythily, Chan YH, Chua HC, Liow PH, Pek E, Sthal D, Verma S, Sum CF. Depressive symptoms and diabetes mellitus in an Asian multiracial population. Asian Journal of Psychiatry 2009, 2:66-70.
- 89. <u>Chong SA</u>, Ong YY, Mythily, Abdin E, Marx C, Campbell AV. An assessment of the understanding and motivations of patients with schizophrenia about participating in a clinical trial. Contemporary Trials 2009, 30:446-450.
- 90. Subramaniam M, Cheok C, Lee IM, Pek E, Verma S, Wong J, <u>Chong SA</u>. Nicotine dependence and psychiatric disorders among young males in Singapore. Nicotine & Tobacco Research 2009, 11(9):1107-1113.
- 91. <u>Chong SA</u>. An Asian Perspective on the Ethics of Mentoring. Asian Bioethics Review 2009, 4:445-448.
- 92. Liew A, Verma S, Poon LY, Edimansyah A, Mythily, Vaingankar J, <u>Chong SA</u>. Comparing effectiveness of second-generation with first-generation antipsychotic medications in patients with schizophrenia-spectrum disorders. Journal of Psychopharmacology 2010, 24(7):973-980.
- 93. Collinson SL, Lim M, Chaw JH, Verma S, Sim K, Rapisarda A, <u>Chong SA</u>. Increased ratio of 2nd to 4th digit (2D:4D) in schizophrenia. Psychiatry Research 2010, 176:8-12.
- 94. Verma S, Mythily Subramaniam, Edimansyah A, Sim K, Alex Su, Lee N, <u>Chong SA</u>. Safety and efficacy of long-acting injectable risperidone in patients with schizophrenia spectrum disorders: A 6-month open-label trial in Asian patients. Human Psychopharmacology: Clinical and Experimental 2010, 3:230–235.
- 95. <u>Chong SA</u>, Capps BJ, Subramaniam M, Voo TC, Campbell A. Clinical Research in Times of Pandemics. Public Health Ethics 2010, 3:35-38.
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- 296. Lam M, Lee J, Rapisarda A, See YM, Yang Z, Lee SA, Abdul-Rashid NA, Kraus M, Subramaniam M, <u>Chong SA</u>, Keefe RSE. Longitudinal cognitive changes in young individuals at ultrahigh risk for psychosis. JAMA Psychiatry 2018 Sep 1;75(9):929-939.
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# Editorials/Commentaries:

- 1. <u>Chong SA</u>. Mental Healthcare in Singapore A quiet revolution. Annals of the Academy of Medicine, Singapore 2007, 36:795-796.
- 2. <u>Chong SA</u>. Inclusion of cognitive impairment in the DSM diagnosis of schizophrenia: If not now, when? World Psychiatry 2008, 7(1):37-38.
- 3. <u>Chong SA</u>. Mental healthcare in Singapore. International Psychiatry Journal 2008, 7:37-38.
- 4. <u>Chong SA</u>, Mythily, McGorry P. Preventive Psychiatry. Annals of the Academy of Medicine Singapore 2010, 39:747-749.
- 5. <u>Chong SA</u>, Subramaniam M. The Cinderella of mental health translational research. Singapore Med J 2010, Sep; 51(9):680-682.
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- 7. <u>Chong SA</u>, Subramaniam M, Verma S, Chua HC. Responding to the challenge of multimorbidity in people with serious mental illness. Annals of the Academy of Medicine Singapore 2013, Oct;42(10):489-491.
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## Letters:

- 1. <u>Chong SA</u>. Mandibular dystonia and fluvoxamine. Canadian Journal of Psychiatry 1995, 40:430-431.
- 2. <u>Chong SA</u>, Tan CH. Fluvoxamine and akathisia. Journal of Clinical Psychopharmacology 1996, 16:334-335.
- 3. <u>Chong SA</u>, Tan CH, Lee HS. Hoarding and clozapine-risperidone combination. Canadian Journal of Psychiatry 1996, 5:315-316.
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- 5. <u>Chong SA</u>, Tan CH, Lee HS. Atrial Ectopics with clozapine-risperidone combination. Journal of Clinical Psychopharmacology 1997, 17:130-131.
- 6. <u>Chong SA</u>, Ko SM. Clozapine treatment of psychosis associated with multiple sclerosis. Canadian Journal of Psychiatry 1997, 42:90-91.
- 7. <u>Chong SA</u>, Chua L. Clozapine, Chinese and blood. British Journal of Psychiatry 1997, 171:89-90.

- 8. <u>Chong SA</u>. Tardive dyskinesia and CYP2D6 polymorphism in Chinese. British Journal of Psychiatry 1997, 171:586.
- 9. <u>Chong SA</u>, Remington G. Ethnicity and clozapine metabolism. British Journal of Psychiatry 1998, 172:97.
- 10. Low BL, <u>Chong SA</u>. Treating post-stroke pathological crying with fluoxetine. Journal of Clinical Psychopharmacology 1998, 3:252.
- 11. <u>Chong SA</u>, Tan CH, Lee EL, Liow PH. Augmentation of risperidone with sodium valproate. Journal of Clinical Psychiatry 1998, 59:430.
- 12. <u>Chong SA</u>, Remington G. Sertraline-clozapine interaction. Canadian Journal of Psychiatry 1998, 43: 856-857.
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- 14. <u>Chong SA</u>, Remington G. Plasma olanzapine and clinical response. Journal of Clinical Psychopharmacology 1999, 19:192-193.
- 15. Remington G, <u>Chong SA</u>, Kapur S. Statistical procedures to distinguish change in primary versus secondary negative symptoms. American Journal of Psychiatry 1999, 6:974-975.
- 16. <u>Chong SA</u>, Tan CH, Remington G. Risperidone treatment of tardive dyskinesia and dystonia. Journal of Clinical Psychiatry 1999; May:340-341.
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- 18. <u>Chong SA</u>. Psychotropic drugs and sudden deaths. British Journal of Psychiatry 2001, 178:179-180.
- 19. Tan EC, <u>Chong SA</u>, Chan AOM, Tan CH. No evidence for association of the T102C polymorphism in the serotonin type 2A receptor with suicidal behavior in schizophrenia. American Journal of Medical Genetics 2002, 114:321-322.
- 20. Verma SK, Tan CH, Chan YH, <u>Chong SA</u>. Plasma risperidone levels and clinical response in patients with first-episode psychosis. Journal of Clinical Psychopharmacology 2005, 25(6):609-11.
- 21. Lee J, Jiang J, Sim K, <u>Chong SA</u>. Revisited: The prevalence of tardive dyskinesia in Chinese Singaporean patients with schizophrenia. Journal of Clinical Psychopharmacology 2010, 30:333-335.

## **Book Chapters:**

- 1. <u>Chong SA</u>, Sachdev P. The epidemiology of tardive dyskinesia. In: Drug-Induced Movement Disorders, edited by KD Sethi. New York: Marcel Dekker, 2004.
- 2. <u>Chong SA</u>. The Tormented Mind. In: I am not mad!, edited by Lim L, Oh TG, Mahendran R. 2000 SNP Editions Pte Ltd.
- 3. <u>Chong SA</u>. Schizophrenia. In: Psychiatry for Doctors, edited by Kua EH, Ko SM, Mahendran R, Chee KT, Fones C. 2001 National University of Singapore.
- 4. <u>Chong SA</u>, Bird L. Spreading the word: The outreach programme of the Early Psychosis Intervention Programme, Singapore. Mental Health Promotion. Case Studies from Countries, edited by Saxena S, Garrison PJ. 2004. Joint Publication of the World Federation for Mental Health and the World Health Organization.
- 5. Chan TCT, <u>Chong SA</u>. Schizophrenia. In: Family Psychoeducation, edited by Lim L. 2005 Association of Psychiatric Rehabilitation (Singapore).
- 6. Sim K, Chan YH, <u>Chong SA</u>. Telling them apart: Longitudinal Outcomes of Schizoaffective Disorder and Schizophrenia within an Early Psychosis Intervention Program. In Schizoaffective Disorder: New Research, edited by Murray WH. 2006. Novis Science Publishers (New York).
- 7. <u>Chong SA</u>. Singapore. In International perspectives on mental health, edited by Hamid Ghose. 2011. RCPsych Publications (London).
- 8. Lim YH, Lim JJ, Koe CT, <u>Chong SA</u>. Mental Disorders. The Brain Book, edited by Lim KL, Soong TW. 2012. Department of Physiology, National University of Singapore (Singapore).
- 9. Subramaniam M, See AY, Vaingankar JA, <u>Chong SA.</u> Cardiovascular Toxicity as a Result of Psychotropic Drugs.In book: Heart and Toxins, Chapter: 9, Publisher: Elsevier, Editors: Meenakshisundaram Ramachandran, 2014, pp.275-303

## Book Edited:

- 1. Imagination, delusion, possession or imagination? Experiencing and recovering from psychosis, edited by Choo CH, Verma S, <u>Chong SA</u>. 2003 SNP Editions Pte Ltd.
- 2. Fieldnotes of a Psychiatrist by Chong Siow Ann. 2018. Straits Times Press.

### Papers read / Invited presentations:

- Clozapine and obsessive-compulsive symptoms in patients with schizophrenia. Presented at the 5<sup>th</sup> Congress of the Asean Federation for Psychiatry and Mental Health. 9th ASEAN Forum on Child and Adolescent Psychiatry, Jan 17, Bandung, Indonesia, Jan 17, 1995
- 2. Novel antipsychotic in the treatment of schizophrenia. Lecture given at the First Perak Mental Health Convention, Malaysia, Dec 6-7, 1996. (Invited speaker)
- 3. A clinical evaluation of risperidone in the treatment of schizophrenia. New Trends in Psychoses, Singapore Apr 12, 1996. (Invited speaker)
- 4. Clinical evaluation and plasma clozapine concentrations in Chinese patients with schizophrenia. Annual Scientific Meeting of the Singapore Psychiatric Association, Singapore, 1996
- 5. Disordered water homeostasis in patients with schizophrenia. Third Annual Scientific Meeting of Woodbridge Hospital and Institute of Mental Health, Singapore, Oct 6, 1996
- 6. Schizophrenia a brain disorder. Third Annual Scientific Meeting of Woodbridge Hospital and Institute of Mental Health, Singapore, Oct 6, 1996. (Invited speaker)
- 7. Clozapine augmentation: safety and efficacy. Symposium at Clarke Institute of Psychiatry, Toronto, Canada, 13 May, 1998. (Invited speaker)
- 8. Effects of clozapine on polypharmacy. 5<sup>th</sup> Congress of the Asean Federation for Psychiatry and Mental Health, Kuala Lumpur, Malaysia, 4 -6 Dec, 1998
- 9. Suicidality and polymorphisms of 5-HT2A receptor and serotonin transporter gene in Chinese patients with schizophrenia. New Challenges in Neuropharmacology, Japan, Dec 2–4, 1999. (Invited speaker)
- 10. Psychopharmacological Treatment of Schizophrenia. 34<sup>th</sup> Singapore-Malaysia Congress of Medicine/Combined Hospitals Medical & Dental Scientific Meeting, Singapore, 3-6 Aug, 2000. (Invited speaker)
- 11. Tardive dyskinesia and the Serotonin Gene Polymorphism in Chinese. 34<sup>th</sup> Singapore-Malaysia Congress of medicine/Combined Hospitals Medical & Dental Scientific Meeting, Singapore, 3-6 Aug, 2000
- 12. Psychotropic Medications and Cardiac Function. Academy of Medicine, Singapore, 10 Nov, 2000. (Invited speaker)
- Critical Role of Early Intervention in Psychosis. 12th ASEAN Forum on Child & Adolescent Psychiatry & 8<sup>th</sup> Congress of ASEAN Federation for Psychiatry and Mental Health, 17-18, Mar, 2001. (Invited speaker)
- The Search for Risk Factors for Tardive Dyskinesia. 12th ASEAN Forum on Child & Adolescent Psychiatry & 8<sup>th</sup> Congress of ASEAN Federation for Psychiatry and Mental Health, 17-18, Mar, 2001
- 15. Critical Therapeutic Period in Psychosis. First National Disease Management Conference jointly organised by the National Health Group, the Ministry of Health of Singapore and Disease Management Association of America. Singapore. 25-26 May, 2000 (Invited speaker)
- 16. The National Early Psychosis Intervention Programme in Singapore. XXV International Congress of Applied Psychology, Singapore, 7 12 Jul, 2002
- 17. Dopamine receptors and tardive dyskinesia. First NHG Annual Scientific Meeting, Singapore, 17-18 Aug, 2002
- Case management in the Early Psychosis Intervention Programme. 75<sup>th</sup> Anniversay Psychiatric Conference and 2<sup>nd</sup> National Psychotherapy Conference. Institute of Mental Health/Woodbridge Hospital, Singapore, 14 Feb, 2002. (Invited speaker)
- 19. Evolution of the early psychosis intervention programme in Singapore. Third International Conference of the International Early Psychosis Association, Copenhagen, 25-28 Sep, 2002
- 20. In Syn: Early Psychosis Intervention in Singapore. Schizophrenia Research Society of Hong Kong. Hong Kong, 12 Dec, 2002. (Invited speaker)

- 21. Genetics in Psychiatry. Bridging Basic Sciences with Clinical Psychiatry. Revision Course in Postgraduate Psychiatry, Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia, 16 Jan, 2003. (Invited speaker)
- 22. Prevention of Schizophrenia The Early Psychosis Intervention Programme in Singapore. Hong Kong Academy of Medicine 10<sup>th</sup> Anniversary Celebration Congress, 28-30 Nov, 2003. (Invited speaker)
- 23. Advances in Research in Psychoses. Singapore-Malaysia Congress of Medicine, 22 Aug, 2004. (Invited speaker)
- 24. First Episode Psychosis: Innovative, Interprofessional, Multidisciplinary Approach. National Health Group Annual Scientific Congress, Singapore, 9-10 Oct, 2004. (Invited speaker)
- 25. Epidemiology and Genetics of Tardive Dyskinesia. Harvard Medical School, Boston, USA. 16th Apr, 2004 (invited speaker)
- 26. Being responsible to stakeholders: The National Early Psychosis Intervention Programme in Singapore. 4<sup>th</sup> International Conference on Early Psychosis : Translating the Evidence, Vancouver, Canada, 28 Sep to 1 Oct, 2004
- 27. Social Enterpreneurship and the National Early Psychosis Intervention Programme in Singapore. 4<sup>th</sup> International Conference on Early Psychosis: Translating the Evidence, Vancouver, Canada, 28 September to 1 Oct, 2004
- 28. Evolution of a Programme for Early Detection and Intervention in Singapore: Lessons Learnt. 11<sup>th</sup> Scientific Meeting of the Pacific Rim College of Psychiatrists, Hong Kong 2004, 20-13 Oct, 2004. (Invited speaker)
- 29. Early Psychosis Intervention in Singapore: Using the Balanced Scorecard. 9<sup>th</sup> Annual Meeting of the Japanese Society of Prevention in Psychiatry Disorders, Tokyo, Japan, 25 Feb, 2006. (Invited speaker)
- 30. The integration of research and clinical care in public mental health programmes in Singapore. World Psychiatric Association International Congress, Istanbul, 12-16 Jul, 2006
- 31. Taking stock of the ethics of informed consent in psychiatric research. 32th Annual Meeting of the Medico Legal Society of Singapore, Singapore, 7 & 8 Oct, 2006. (Invited speaker)
- 32. The Early Psychosis Intervention Programme (EPIP) in Singapore: an integration of business model, clinical service, and research. The 2<sup>nd</sup> Annual Meeting of Japanese Society of Schizophrenia Research, Toyama, Japan, 24 & 25 Mar, 2007. (Invited speaker)
- 33. Mental Health in Singapore: Present and Future. Toho Asia International Symposium in Psychiatry, Toho, Japan, 26 Mar, 2007. (Invited speaker)
- 34. Research on People with Mental Illness: Traditional Ethics and New Sensitivities. World Psychiatric Association Regional Meeting 2007, Seoul, South Korea, 19 Apr, 2007. (Invited speaker)
- 35. Trials and Tribulations of Setting Up an Early Intervention Program and How to Keep it Going. Hong Kong Early Psychosis Intervention Society, Hong Kong, 20 Apr, 2007. (Invited speaker)
- 36. How Clinician-Scientists Think. National Healthcare Group Annual Scientific Congress, Singapore, 10 Nov, 2007. (Invited speaker)
- 37. How to interact with your Mentors. Pre-symposium workshop for the Clinician Leadership in Research, Singapore, 17 Mar, 2008. (Invited speaker)
- 38. The Singapore Translational and Clinical Research Program. Asia Pacific Psychiatric Rehabilitation Conference (APPRC) 2008, Singapore, 6-10 Oct 2008. (Plenary speaker).
- 39. Psychoticism: prevalence and correlates among Asian male conscripts. 6<sup>th</sup> International Conference on Early Psychosis, Melbourne, 20-22 Oct 2008.
- 40. Translational and clinical research programme in psychosis. 6<sup>th</sup> International Conference on Early Psychosis, Melbourne, 20-22 Oct 2008.
- 41. The Singapore Translational and Clinical Research Programme in Psychosis (STCRP). Advancing Psychiatric Care in the Emerging World: East meets West. The First Joint International Conference of the Hong Kong College of Psychiatrists and the Royal College of Psychiatrists (UK), Hong Kong, 13-15 Dec, 2008. (Invited speaker)
- 42. Mental Health Research an endangered activity here? 29<sup>th</sup> Annual General Meeting of the Singapore Psychiatric Association, Singapore, 22 May 2009. (Invited speaker)
- 43. A Translational and Clinical Research Programme; Seeking for the Signposts of Psychosis. Symposium on Translational Medicine, Takeda Singapore, Singapore, 7 Jul 2009 (Invited speaker)

- 44. Translational and Clinical Research in Neuroscience. 8<sup>th</sup> National Healthcare Group Annual Scientific Congress, Singapore, 16 Oct 2009. (Track leader)
- 45. Responsible Mentoring in Clinical Research. 8<sup>th</sup> National Healthcare Group Annual Scientific Congress, Singapore, 17 Oct 2009. (Invited speaker)
- 46. Depression and Diabetes. Diabetes and Cardiovascular Risk Factors East Meets West: Meet the Experts Symposium. 20 March 2010. Hong Kong. Organised by Hong Kong Institute of Diabetes and Obesity (The Chinese University of Hong Kong), Hong Kong Foundation for Hong Kong Atherosclerosis Society, Hongkong, 2010. (Invited speaker)
- 47. Early Psychosis Programme. Asia Pacific CNS Summit 2010, Hong Kong, 5 Jun 2010. (Invited speaker)
- 48. Translating Research and Transforming Mental Health Care: The Singapore Approach. Invited speaker at the World Health Summit, Berlin, Germany,10-13 Oct 2010
- 49. Towards evidence-based mental health policy formulation: The Singapore Mental Health Study. 6<sup>th</sup> Singapore Public Health & Occupational Medicine Conference, Singapore, 25 Aug 2011. (Invited speaker)
- 50. What ails the populace? The Singapore Mental Health Study. The Galloway Memorial Lecture. 45<sup>th</sup> Singapore-Malaysia Congress of Medicine, Singapore, 22 Jul 2011.
- 51. The Singapore Mental Health Study: Measuring the Mental Health of Singapore: 3<sup>rd</sup> World Congress of Asian Psychiatry 2011 organized by Asian Federation of Psychiatric Associations. Melbourne, Australia, 3 Aug 2011. (Invited speaker)
- 52. The prodrome of psychosis and the challenges to research and clinical practice. Regional Bipolar Disorder and Schizophrenia Symposium. Hanoi, Vietnam, 3-4 Dec 2011. (Invited speaker)
- 53. Ethics Implications of Research Among Youth at Risk of Mental Illness. Brain Matter. Ethical grey areas in innovative treatments and research involving the human brain. A Clinical Ethics Conference. Organized by Centre for Bioethical Ethics, Yong Loo Lin School of Medicine, Singapore, 23-25 Feb 2012
- 54. When a Doctor Becomes Mentally III. Brain Matter. Ethical grey areas in innovative treatments and research involving the human brain. A Clinical Ethics Conference. Organized by Centre for Bioethical Ethics, Yong Loo Lin School of Medicine, Singapore, 23-25 Feb 2012
- 55. Ultra High Risk to Risk Syndrome: Research and Clinical Implications. International Conference on Early Psychosis in Asia Pacific, Hong Kong, 14 Jan 2012. (Invited speaker)
- 56. Catching and treating psychosis early. World Economic Forum Annual Meeting of the New Champions 2012. Summer Davos, Tianjin,. People's Republic of China, 11-13 Sept 2012. (Invited speaker)
- 57. The Singapore Mental Health Study, Regional World Health Summit (Pre-conference Symposium), Singapore, 8 Apr 2013
- 58. Bridging the Gap for People with Mental Illness. Regional World Health Summit, Singapore, 10 Apr 2013. (Invited speaker)
- 59. Mental Health of a Nation. 2<sup>nd</sup> Academy of Medicine of Malaysia-Academy of Medicine of Singapore-Hong Kong Academy of Hong Kong Tripartite Congress & 47<sup>th</sup> Singapore-Malaysia Congress of Medicine 2013,23-24 Aug 2013. (Invited speaker)
- 60. Unique Challenges and Innovations in Delivering an Early Intervention Programme in Asia. Singapore, 26 Sept 2013. (Invited speaker)
- 61. Physical and Mental Health Needs, Challenges, and Way Forward. Singapore Mental Health Conference, Singapore, 26-27 Sept 2013. (Invited speaker)
- 62. Integration and Innovation in Psychosis. 4<sup>th</sup> Research Forum on the Early Recognition and Management in Psychiatry (REFORM), Tokyo, Japan, 22th Feb 2014, (Invited speaker).
- 63. Partnering Stakeholders for Translational Health Services Research. NMRC Awards Ceremony and Research Symposium 2017, 8 March. (Invited Speaker).

## Non-refereed publications:

- 1. Chong SA. Tracing the evolution of psychiatry. The Straits Times, S12, Sept 29, 2007.
- 2. Chong SA, Kwok KW, Lim YW. Mental illness ≠ Violence. The Straits Times, S15, April 26, 2008.
- 3. Chong SA. Rethinking mental health care in Singapore. The Straits Times, D13, Sept 20, 2008.
- 4. Chong SA. Public Engagement in Research. The Straits Times, July 12, 2009.

- 5. Chong SA, Vaingankar J. Measuring Singapore mental well-being. The Straits Times, D9, Nov 21, 2009.
- 6. Chong SA, Subramaniam. M Probing the mental health of a nation. The Straits Times, D9, May 8, 2010.
- 7. Chong SA, Subramaniam M. Help mentally ill to seek help. The Sunday Times, pg 38, Oct 3, 2010.
- 8. Chong SA. From lunatic asylums to mental hospitals, and now the community. TODAY, 20-22, Oct 8, 2010.
- 9. Chong SA. Healer of the soul and mind. The Straits Times, A25, 0ct 10, 2011. (op-ed)
- 10. Chong SA. The tricky business of talking about mental illness. TODAY, 10, Oct 10, 2011.
- 11. Chong SA, Subramaniam M, Vaingankar J. Clarion call for mental health awareness, The Sunday Times, pg 44, 20 Nov, 2011. (Op-ed)
- 12. Chong SA. Bridge the mental health treatment gap. The Straits Times. A39. April 6, 2013. (Op-ed)
- 13. Chong SA. When patients killed themselves. The Straits Times, May 14, 2013 (Op-ed)
- 14. Chong SA. The psychiatrist's dilemma. 12 July 2013 (Op-ed)
- 15. Chong SA. When Doctors Make Mistakes. The Straits Time, Aug 31, 2013 (Op-ed by Invitation)
- 16. Chong SA. Put Mental Health on Par with Physical Health. The Straits Times, 5 Oct, 2013 (Op-ed by Invitation)
- 17. Chong SA. Shredding light on those with schizophrenia. The Straits Times. 8 Nov 2013 (Op-ed)
- 18. Chong SA. When a doctor becomes mentally ill. 21 Dec 2013 (Op-ed by invitation)
- 19. Chong SA. Time to reconsider suicide law. The Straits Times. 22 Feb 2014 (Op-ed by invitation).
- 20. Chong SA, Fighting slurs on mental illness. The Straits Times. 22 Mar 2014 (Op-ed by invitation).
- 21. Chong SA. Breaking out of the limbo of ambiguous loss. The Straits Times. 4 April 2014 (Op-ed by invitation).
- 22. Chong SA. Difficult doctors, difficult patients. The Straits Times. 9 April 2014 (Op-ed by invitation).
- 23. Chong SA. Support, not exclude, mentally ill in NS. The Straits Times (Op-ed by invitation).
- 24. Chong SA. When a Child Dies. The Straits Times. 28 May 2014 (Op-ed by invitation).
- 25. Chong SA. Work, stress and burnout. The Straits Times. 2014
- 26. Chong SA. The mystery behind mass murders. The Straits Times. 21 Jun 2014 (Op-ed by invitation)
- 27. Chong SA. Keeping an eye on underage drinking. The Straits Times. 2014
- 28. Chong SA. To live in anxiety is to be human. The Straits Times. 26 Jul 2014
- 29. Chong SA. The day I wanted my father to die. The Straits Times.15 Aug 2014 (Op-ed by invitation)
- 30. Chong SA. Patient's don't always know best. The Straits Times. 20 Sept 2014 (Op-ed by invitation)
- 31. Chong SA. Mental Illness: Caregivers are forgotten collateral damage. The Straits Times. 29 Nov 2014 (Op-ed by invitation)
- 32. Chong SA. The complexities of medicine. The Straits Times. 27 Dec 2014 (Op-ed by invitation)
- 33. Chong SA. Is harm done when a diagnosis is doctored? The Straits Times. 31 Jan 2015 (Op-ed by invitation)
- 34. Chong SA. The virtue and peril of empathy. The Straits Times. 14 Mar 2015 (A40, Op-ed by invitation)
- 35. Chong SA. Minding the risks of dementia. The Straits Times, 8 Apr 15 (A20, Op-ed by invitation)
- 36. Chong SA. Witness to loss and death at a glacial pace. The Straits Times, 18 Apr 15 (A40, Op-ed by invitation)
- 37. Chong SA. Rage, rage against the (prolonged) dying of the light. The Straits Times, 20 June 15 (Opinion)
- 38. Chong SA. The fine line between duty of care and duty to report. The Straits Times, 1 Sep 2015 (A25, Op-ed by invitation).
- 39. Chong SA. Finding dignity in mental illness. The Straits Times, 3 Oct 2015 (Op-ed by invitation)
- 40. Chong SA. Beyond the Cuckoo's nest cliché. The Straits Times, 24 Oct 2015. (A48, Op-ed by invitation)
- 41. Chong SA. Coming out: How parents react is crucial. The Straits Times, 21 Nov 2015. (A48, Op-ed by invitation)
- 42. Chong SA. Terror attacks threaten the human soul. The Straits Times, 15 Dec 2015. (A19, Op-ed by invitation)

- 43. Chong SA. The chronic sorrow of loving a special child. The Straits Times, 5 Jan 2016. (A219, Oped by invitation)
- 44. Chong SA. Happiness can be so overrated. The Straits Times, 30 Jan 2016 (Op-ed by invitation)
- 45. Chong SA. Van Gogh, mental illness and the price of genius. The Straits Times, 29 Mar 2016. (Oped by invitation)
- 46. Chong SA. Life is a journey from disability, back to disability. The Straits Times, 9 April 2016 (Op-ed by invitation)
- 47. Chong SA. A violation of doctor-patient trust. The Straits Times, 20 May 2016 (A48, Op-ed by invitation)
- 48. Chong SA. The heartbreak of caring for an autistic child. The Straits Times, Jun 18 2016 (A40, Oped by invitation)
- 49. Chong SA. The art of dying well. The Straits Times, July 26 2016 (A24, Op-ed by invitation)
- 50. Chong SA. Tiger mums, helicopter parents and modern child-rearing angst. The Straits Times, Aug 20, 2016 (Op-ed by invitation)
- 51. Chong SA. Patient care goes beyond a prescription. The Straits Times, Sep 20 2016 (Op-ed by invitation)
- 52. Chong SA. After the terror, winning the psychological war. The Straits Times, Oct 8 2016 (Op-ed by invitation)
- 53. Chong SA. Is Trump a narcissist? The Straits Times, Dec 3 2016 (A42, Op-ed by invitation)
- 54. Chong SA. The tragedy of obsessive compulsive disorder that goes untreated. The Straits Times, Feb 7 2017 (A20, Op-ed by invitation)
- 55. Chong SA. An enigma of sadness and fear. The Straits Times, Apr 4 2017 (A22, Co-ed by invitation)
- 56. Chong SA. Herd immunity and how health choices affect those around you. The Straits Times, Apr 29 2017 (A46, Co-ed by invitation)
- 57. Chong SA. In praise of GPs, unsung heroes of the healthcare system. The Straits Times, May 20 2017 (A45, Co-ed by invitation)
- 58. Chia KS and Chong SA. A lifetime of health and wealth make a good retirement. The Straits Times, Jun 30 2017 (A24, Co-ed by invitation)
- 59. Chong SA. Daddy's home looking after the kids. The Straits Times, Jun 17 2017 (Co-ed by invitation)
- 60. Chong SA. The dynamics behind the sad phenomenon of self-cutting. The Straits Times, Jul 18 2017 (Co-ed by invitation)
- 61. Chong SA. Time to stop stereotyping diabetics as fat and lazy. The Straits Times, Aug 12 2017 (Co-ed by invitation)
- 62. Chong SA. Facing up to the reality of pregnancy blues. The Straits Times, Sep 16 2017 (A32, Coed by invitation)
- 63. Chong SA. The hoarder's anguish and inability to discard things. The Straits Times, Oct 28, 2017 (Co-ed by invitation)
- 64. Chong SA. Efforts by pharmaceutical industry to self-regulate. The Straits Times, Nov 27, 2017 (Co-ed by invitation)
- 65. Chong SA. A good life to the end, or a quick death. The Straits Times, Dec 16, 2017 (Co-ed by invitation)
- 66. Chong SA. A tribute to cadavers, the 'silent mentors' in medicine. The Straits Times, Jan 15 2018 (Co-ed by invitation)
- 67. Chong SA. Consumed by fear of eating. The Straits Times, Feb 24 2018 (Co-ed by invitation)
- 68. Chong SA. A close-up look at a 'shocking' treatment. The Straits Times, Mar 20 2018 (Co-ed by invitation)
- 69. Chong SA. Doctors and the allure of money. The Straits Times, Apr 10 2018 (Co-ed by invitation)
- 70. Chong SA. How hoarding crowds out family members. The Straits Times, May 22 2018 (A14, Coed by invitation)
- 71. Chong SA. Disability and Sexuality. The Straits Times, Jun 30 2018 (Co-ed by invitation)

72. Chong SA. Filing field notes from the front line of psychiatry. The Straits Times, Aug 18 2018 (Coed by invitation)

# **Technical Reports:**

- 1. Treatment guidelines for schizophrenia for Ministry of Health
- 2. Epidemiology of psychiatric morbidity in pre-enlistees for Ministry of Defence, June 2007. (Principal Author)
- 3. General practitioners and mental healthcare for Ministry of Health. Oct 2007. (Principal Author)
- 4. Survey of mentally unwell inmates in Singapore Prison System for Singapore Prison Service, Ministry of Home Affairs. Dec 2008. (Principal Author)
- 5. The financial needs of mental ills and their caregivers for Ministry of Community Development, Youth and Sports and Ministry of Health. Jan 2009 (Principal Author)
- 6. Singapore Mental Health Study. Prevalence of importance mental disorders and their associated factors. A report on the key findings. Ministry of Health. Jan 2011. (Principal Author)
- 7. Stakeholders' perceptions of the ACTION Programme: Findings from the semi-structured interviews and focus group discussions for Agency of Integrated Care, Aug 2011 (Author)

# **Educational Activities:**

- External Examiner for Degree of Master of Philosophy at University of Hong Kong, 2005
- Examiner of Final M.Med (Psychiatry), Singapore, 2005 Present
- External Examiner for Degree of Master of Master of Psychological Medicine, Universiti Malaya, May 2006
- External Examiner in Psychiatry at National University of Malaysia, 6-10 November, 2006
- Supervisor/Mentor of 2 National Healthcare Group Mentorship Assessment Programme Awardees (Drs Sim Kang and Swapna Verma), and Dr Aaron Ang (National University of Singapore National Healthcare Group Clinician Research in Leadership Awardee)
- Supervisor of Dr Alvin Lum (Singapore Millennium Foundation Research Fellow), Eugene Tay (PhD thesis) (Singapore Millennium Foundation PhD Award)
- Project Supervisor of Dr Jimmy Lee Chee Keong for the Master of Clinical Investigation Programme, National University of Singapore, 2008
- Reviewer of Final Grant Proposal of Master of Clinical Investigation Graduating Student, Dr Quah Hui Min, Joanne, Yong Loo Lin School of Medicine, 2010
- Supervisor of Jundong Jiang, Genetics and Molecular Epidemiology, NUS-Karolinksa Institute (PhD thesis),
- Reviewer for Final Grant Proposal of Graduating Student, Dr Lynette Tan, Master of Clinical Investigation (MCI), Yong Loo Lin School of Medicine, National University of Singapore, 2012
- Supervisor of Dr Mythily Subramaniam, Monash University (PhD thesis)