Increasing Outdoor Time in Children

Faculty:
Prof SAW Seang Mei
Email: ephssm@nus.edu.sg

Project Description:
Myopia is a huge public health problem in Singapore and worldwide. The risk factors for myopia are environmental (lack of outdoor time) and genetic. Health behaviour initiatives using a gadget to increase outdoor time will be evaluated in this proposed thesis. A trial of 100 children have been conducted and further trials will be launched.