

PUBLIC HEALTH & AGEING

Weekly 3-hour classes from
16 August to 15 November 2018

COURSE OBJECTIVES

This course is designed to equip professionals for leadership positions in government agencies, health and social institutions, and non-profit organizations that will address the concerns and needs relating to the growing ageing population.

The course will be conducted over 13 weeks (3 hours per week on Thursday evenings). Emphasizing on the application of principles of public health in aging societies, it will provide an overview of the trend of aging population and its increasing relevance for public health planning and policy, both in Singapore and internationally. Participants will have the opportunity to apply these concepts in problem-solving case studies.

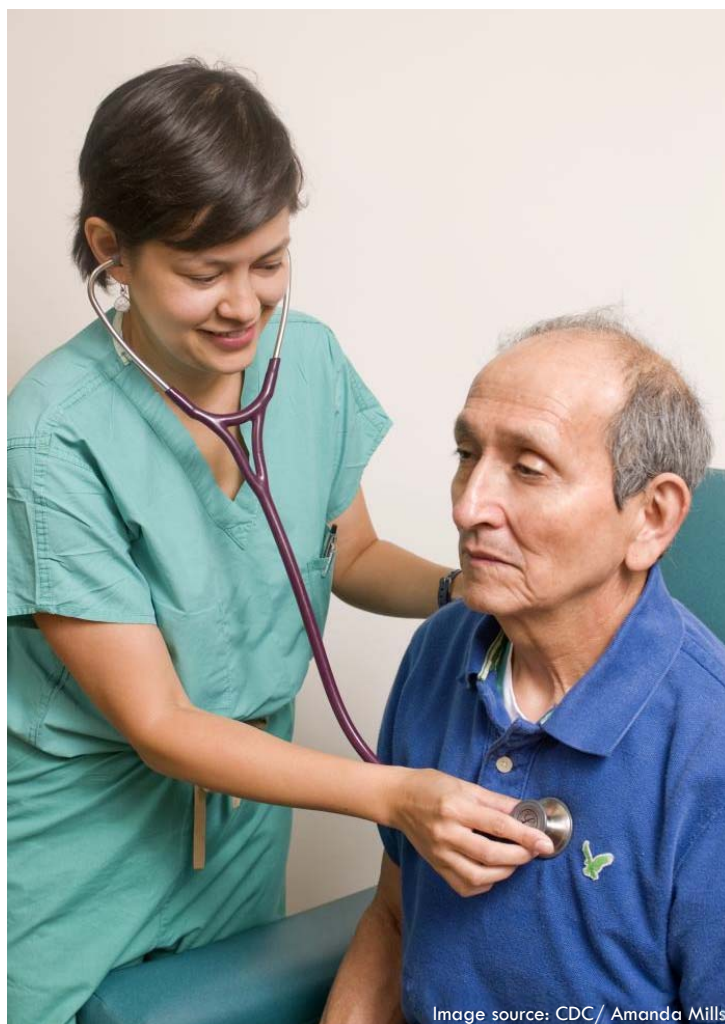
WHO SHOULD ATTEND

The course is targeted at professionals who are Managers and above working in the elderly sector.

Applicants must have at least an Advanced Diploma and at least 6 months of working experience with the elderly.

TEACHING FACULTY

The course, led by Joint Adjunct Associate Professor Fong Ngan Phoon, will be taught by academic staff of the Saw Swee Hock School of Public Health, NUS, and expert guest lecturers.



Dr Fong is currently a Joint Adjunct Associate Professor with the SSH School of Public Health and the YLL School of Medicine, NUS. This appointment, since April 2009, involves teaching undergraduates and graduate students in public health and physiology.

Prior to his current appointment, he was the Executive/ Medical Director of St. Luke's Hospital, a 200-bedded community hospital serving the health needs of the elderly. He continues to collaborate with many ILTC service providers in different projects.

COURSE CONTENTS

- ✓ Overview of Public Health and Ageing
- ✓ Demography of Aging
- ✓ Life Course Approach to Healthy Ageing
- ✓ Biological Age-related Changes
- ✓ Physical and Clinical Disorders of Older Persons
- ✓ Epidemiology of Dementia
- ✓ Mental Disorders of Older Persons
- ✓ Public Health Perspective on Speech and Swallowing Disorders in Older Persons
- ✓ Physical and Clinical Disorders of Older Persons
- ✓ Functional Capacity, Disability and Rehabilitation
- ✓ Healthy Life Expectancy and Compression of Morbidity
- ✓ Population Ageing and Primary Care
- ✓ Singapore Government Policies Related to Older Persons and Health Promotion for Older Adults in Singapore
- ✓ Services for Older Persons: Hospital & Community-based Long Term Care and Institutional Long Term Care
- ✓ Caregiving for older persons
- ✓ Ethical & Medico-Legal Issues in Healthcare for Older Persons

COURSE FEES

SGD1,337.50 (including prevailing GST)

Course fees include electronic lecture materials.

Closing date for registration: **3 AUGUST 2018**

Applications are on “first-come-first-serve” basis. Successful applicants will be informed by **6 AUGUST 2018**. Self-paying individuals should pay the fees no later than the first day of class. Sponsored individuals must get their HR consent and the fees would be billed directly to the organisation.

CANCELLATION

No refunds will be given for any cancellation once the course has commenced. Replacement with another participant is permissible.

The organizer reserves the right to cancel the course and fully refund the fees in the event of unforeseen circumstances.

ACCOMMODATION

The course is non-residential.

THIS IS A STRICTLY NOT-FOR-CREDIT COURSE. PARTICIPANTS WILL RECEIVE A CERTIFICATE OF ATTENDANCE IF IF MINIMUM ATTENDANCE IS ACHIEVED.



CONTACT INFORMATION

Course Coordinator:

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REGISTER AT [HTTPS://TINYURL.COM/PHAGEING2018](https://tinyurl.com/phageing2018)

Address: Tahir Foundation Building, 12 Medical Drive 2, #10-01, Singapore 117549

URL: <https://www.sph.nus.edu.sg/public-health-professionals>