

# PUBLIC HEALTH & AGEING

Weekly 3-hour classes from  
11 August to 10 November 2016

## COURSE OBJECTIVES

This course is designed to equip professionals for leadership positions in government agencies, health and social institutions, and non-profit organizations that will address the concerns and needs relating to the growing ageing population.

The course to be conducted over 13 weeks (3 hours per week on Thursday evenings) will emphasize on the application of principles of public health in aging societies. It provides an overview of the trend of aging population and its increasing relevance for public health planning and policy, both in Singapore and internationally. Participants will have the opportunity to apply these concepts in problem-solving case studies.

## WHO SHOULD ATTEND

The course is targeted at professionals who are Managers and above working in the elderly sector.

Applicants must have at least an Advanced Diploma and have 6 months or more of working experience with the elderly.

## TEACHING FACULTY

This course will be taught by academic staff of the Saw Swee Hock School of Public Health, NUS, and expert guest lecturers.

**Jacqueline CHIN**, Associate Professor  
Centre for Biomedical Ethics, Yong Loo Lin School of  
Medicine, NUS

**FONG Ngan Phoon**, Associate Professor  
Saw Swee Hock School of Public Health, NUS

**Anita HO**, Assistant Director  
AWWA Centre for Caregivers

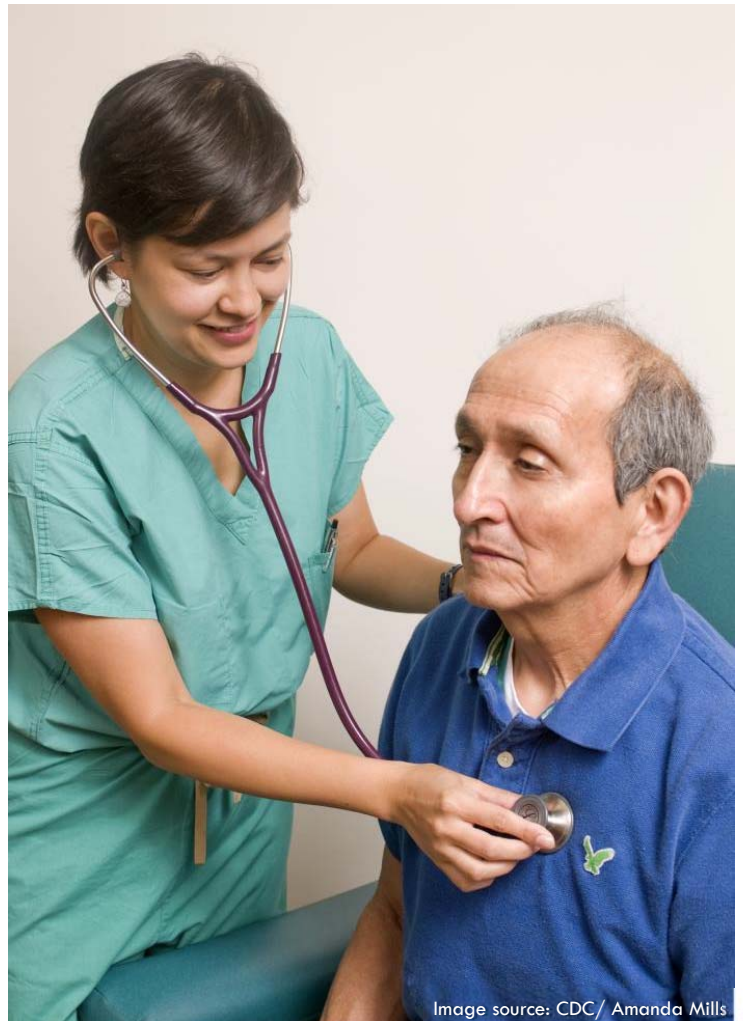
**Gerald KOH**, Associate Professor  
Saw Swee Hock School of Public Health, NUS

**ONG Yunn Shing**, Director (Aged Care Services)  
Ageing Planning Office, Ministry of Health

**Lydia SEONG**, Associate Professor  
Saw Swee Hock School of Public Health, NUS

**Shyamala THILAGARATNAM**, Director  
Regional Health & Community Outreach Division, Health  
Promotion Board

**Philip YAP**, Senior Consultant, Geriatrics Dept  
Khoo Teck Puat Hospital



## COURSE CONTENTS

- ✓ Overview of Public Health and Ageing
- ✓ Demography of Aging
- ✓ Life Course Approach to Healthy Ageing
- ✓ Biological Age-related Changes
- ✓ Physical and Clinical Disorders of Older Persons
- ✓ Healthy Life Expectancy, Active & Successful Ageing
- ✓ Functional Capacity, Disability & Rehabilitation
- ✓ Health Promotion for Older Adults in Singapore
- ✓ Mental Disorders of Older Persons
- ✓ Singapore Government Policies Related to Older Persons
- ✓ Services for Older Persons: Ambulatory, Hospital, Community-based Long Term Care and Institutional Long-Term Care
- ✓ Financing for ILTC
- ✓ Caregiving for older persons
- ✓ Caregiving Programs
- ✓ Ethical & Medico-Legal Issues in Healthcare for Older Persons
- ✓ Case studies on health-related aging programs

## COURSE FEES

**SGD1,337.50** (including prevailing GST)

Course fees include lecture materials.

Closing date for registration: **15 JULY 2016**

Applications are on "first-come-first-serve" basis. Successful applicants will be informed by **22 JULY 2016** and course fees must be received by **29 JULY 2016** to secure a place.

## CANCELLATION

Any cancellation must be conveyed to the course administrator in writing via email.

A cancellation charge of 50% of fee will be levied if the cancellation is received before **01 AUGUST 2016**

**NO REFUNDS WILL BE GIVEN FROM 01 AUGUST 2016 ONWARDS** but replacement with another name is permissible.

## ACCOMMODATION

The course is non-residential.



## CONTACT INFORMATION

### Course Coordinator:

Associate Professor Fong Ngan Phoon  
[T] (65) 6516 6698  
[E] [ngan\\_phoon\\_fong@nuhs.edu.sg](mailto:ngan_phoon_fong@nuhs.edu.sg)

### Course Administrators:

Ms Quake Ai Li  
[T] (65) 6601 2324  
[E] [ailli\\_quake@nuhs.edu.sg](mailto:ailli_quake@nuhs.edu.sg)

Ms Gina Goh  
[T] (65) 6516 7594  
[E] [junna\\_goh@nuhs.edu.sg](mailto:junna_goh@nuhs.edu.sg)

REGISTER AT: [HTTP://TINYURL.COM/PHAGEING2016](http://tinyurl.com/phageing2016)



Address: Tahir Foundation Building, 12 Medical Drive 2, #10-01, Singapore 117549  
URL: <https://www.sph.nus.edu.sg/public-health-professionals>